

Dear Parent/Guardian,

In order to comply with Illinois School Code, Section 27-89, it's **mandatory** that all freshman students entering high school have a **PHYSICAL EXAMINATION** and **VERIFICATION of all IMMUNIZATIONS** on file **BEFORE** starting the new school year. Physical exams must be completed by a licensed physician, advanced practice nurse, or physician assistant and turned in by July 31st. Please have the following physical exam information (below checklist) completed during your scheduled physical examination:


- _____ Parents/Guardians are to **complete** the **front side of physical exam folder** with necessary emergency contact information, including student's name, address and contact phone numbers.
- _____ Parents/Guardians are required to **complete** and **sign** the **Health History** portion inside the physical exam folder, which will be verified by your health care provider.
- _____ Health care provider is to complete the **Physical** section of the folder.
- _____ Health care provider is to complete **Immunization** section of the folder. All childhood required vaccinations must be recorded on the health folder by month, date and year it was administered. Please bring a copy of your child's elementary/middle school immunizations to your office visit to better help your health care provider. (Please see attached list of required immunizations)
- _____ Physician signature is required in two places, one verifying immunization history, the other verifying he/she performed the physical exam.
- _____ The **Interscholastic Sports** section in the physical exam folder must be checked if your child is participating in sports. There is no need for a separate sports physical as long as this section is completed.

The completed physical exam folder **MUST** be returned in a timely matter to OLCHS main office (RM 126) **by July 31st**.

- _____ According to the Child Dental Examination Requirement (HB 4908/PA 100-0829), 9th grade students are required to have a dental exam completed. Extra copies of Dental form can be found at www.olchsstudentservices.com under the 'Health Office' section.
- _____ If your child requires medication during the school day, a **Permission Form for Prescribed Medication and Action Plan Forms** (if applicable) must be completed by a physician and parent/guardian annually. These forms can be found at www.olchsstudentservices.com under the 'Health Office' section.

If you have any questions regarding the above information, please feel free to call the Nurse's office at 708-741-5640 before last day of school attendance.

Healthy Regards,



Amy Tucker BSN, RN-BC, PEL-CSN

Immunization Requirements

The required immunizations are as follows:

Diphtheria, Pertussis, Tetanus	3 doses or more of DTP/Dtap with last dose qualifying as a booster <i>and</i> received on or after their 4 th birthday
Tdap	1 dose required for 9 th grade entrance regardless of interval since the last DTap, DT or Td dose
Polio	3 dose or more of the polio with last dose qualifying as a booster <i>and</i> received on or after their 4 th birthday
Measles	2 doses, first dose received in or after the first birthday, second dose no less than 28 days after the first dose (Usually given as an MMR)
Mumps	1 dose received on or after the 1 st birthday (Usually given as an MMR)
Rubella	1 dose received on or after the 1 st birthday (Usually given as an MMR)
Hepatitis	3 doses, with third dose no earlier than 6 months age. <i>Minimum intervals between doses: 1 & 2 (4 weeks), 2 & 3 (2 months), 1 & 3 (4 months)</i>
Varicella (Chicken Pox)	2 doses, first dose received on or after 1 st birthday and second dose no less than 28 weeks later. Physician statement verifying disease history or laboratory evidence of varicella immunity is also accepted
Meningococcal Conjugate Vaccine	1 dose of MCV4 for 9 th grade entrance. 2 doses of MCV4 are required for 12 th grade, <i>unless</i> the first dose is administered to a child who was 16 years of age or older, in which case only 1 dose would be required at 12 th grade